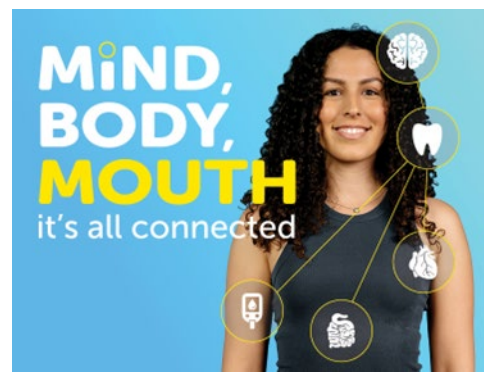


Dental Health Week










Date:	7 th – 13 th August
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Duration:	Full Week
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What is the special event?	<p>Dental Health Week (DHW), which takes place in the first full week of August, is the Australian Dental Association’s major annual oral health promotion campaign. Its three main objectives are</p> <ul style="list-style-type: none"> • Promote oral health education and awareness in the general community, schools and early education • Motivate and educate dental professionals to promote oral health • Encourage ongoing collaboration within the dental profession <p>This year, DHW is focusing on the mouth and the whole-body connection. There are links between diseases in the mouth and diseases in the body.</p>
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Why is it important to Keiki Early Learning?	<p>Children’s health and nutrition is paramount at Keiki Early Learning and something that we want to promote to the children and families. It’s never too early to begin teaching good oral hygiene to children. Behaviours learnt when they’re young tend to stick with them throughout life.</p> <p>Did you know that 1 in 4 children aged 5-10 have at least one tooth with untreated tooth decay? This week is also about providing education for families.</p> <p>We also know that encouraging families to learn more and get teeth checked regularly can help identify and resolve whole mouth issues, including airway obstructions, feeding etc.</p>
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What are our expectations?	<p>Dental Health Week acts as a reminder to children about the importance of oral health and how they can incorporate healthy habits into their daily routine. We would like to create a fun learning environment by organising activities and demonstrations throughout the week.</p> <p>Keiki Early Learning has a great relationship with Little Smiles who have created a plan for Keiki services. They have included a mission and activity ideas.</p> <p>✦ Our Dazzling Mission for Dental Health Week ✦:</p> <ol style="list-style-type: none"> 1. 🦷 Be Tooth Heroes: Grab a toothbrush and save the day! Brush twice with fluoride toothpaste to keep the villains away! 2. 🎯 Mission Flossible: Every tooth hero knows - flossing is the secret weapon to get where toothbrushes can’t go! 3. 🍏 Superfoods for Super Teeth: Choose fruits, veggies, and water to power up the teeth! 4. 🦷 Tooth-Check Adventures: Seeing the Little Smiles Team is like a treasure hunt - discover how awesome your teeth are doing!
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Activity Ideas	<p>Here are some ideas to get you started. You may wish to use some of these or create your own. Take input from educators, children and families and choose activities that have meaning for your service.</p> <ul style="list-style-type: none"> • Learn about foods that are good for our teeth and foods that need to be limited • Arrange for a local dental professional to come in and do a demonstration of how to brush and floss properly (if needed we can arrange a zoom call) • You could make a row of teeth with lego/duplo and ask the children to floss them. • Identify any families in the dental profession and invite them to do a talk • Hold healthy, no sugar cooking or food experiences with the children • Introduce water drinking after eating to flush teeth • Organise an excursion to or an incursion from your local dentist. <p> Super Activities for Super Kids  :</p> <ol style="list-style-type: none"> 1.  Toothbrush Art Fiesta: Unleash creativity with toothbrushes and paint! Create epic masterpieces and become an oral health artist! 2.  The Toothbrush Dance-Off: Play catchy tunes and have kids invent crazy dance moves mimicking brushing and flossing! 3.  Story Time: Dive into epic tales of dental health and teeth. 4.  Teeth Treasure Hunt: Hide toothbrushes, toothpaste, and dental floss around the room. Ready, set, find those treasures! 5.  The Great Tooth Debate: Divide kids into Team Toothbrush and Team Floss. Who can argue best about why their tool is the ultimate tooth hero? <p>Education for Families</p> <ul style="list-style-type: none"> • Take home information from a local dentist • Share websites, songs and YouTube videos on how children brush their teeth • Just like you would for any identified issues or areas of support for children, refer families on to outside help. They can book a free consult with Little Smiles https://bigsmiles littlesmiles.com.au/services/
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LINKING THIS EVENT TO RESOURCES AND DATA

To support educators, educational leaders and early childhood teachers we link each event with important and valuable resources that support and inform our decision making at Keiki.

How can we link this event to our Philosophy?	<p>Core Value: Our Community We respect and welcome all contributions from children, families and community members to our shared space of play and learning.</p> <p>Core Value: The Whole Child We believe every child is born full of potential with an innate desire to learn and explore their world. We understand that every child learns at their own pace, so we facilitate children to direct their own learning with a focus on their particular interests, theories, ideas and needs. Each child’s growing competence and confidence is supported in many ways, from the provision of healthy nutritious meals to flexible play spaces for physical activity.</p>
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<p>How does this event link to the AEDC Data?</p>	Physical Health and Wellbeing		
	Area	At Risk	Vulnerable
	Stirling	8.9%	8.4%
	Joondalup	8.1%	5.4%
	Wanneroo	11.9%	8.2%
	<p>Provide opportunities for the children to learn the important skills to care for their dental health. Use this event to talk to children about the importance of dental health and how it links to other aspects of their health. Talk about healthy eating as a way to protect our dental health and what healthy eating looks like.</p>		
	Social Competence		
	Area	At Risk	Vulnerable
	Stirling	12.8%	6%
	Joondalup	9.6%	4.4%
	Wanneroo	13.5%	7.5%
	<p>Create group opportunities to look at the topic of dental health. Create a 'role-play' environment for visiting the dentists.</p>		
Emotional Maturity			
Area	At Risk	Vulnerable	
Stirling	13.3%	6.7%	
Joondalup	10.7%	4.6%	
Wanneroo	14.1%	7.2%	
<p>Talk about the dentist, visiting the dentist, dental health, and discuss how we feel about this. Ready stories and work together in groups.</p>			
Language and Cognitive Skills			
Area	At Risk	Vulnerable	
Stirling	9.3%	5.6%	
Joondalup	6.9%	3.1%	
Wanneroo	11.8%	6.6%	
<p>Children will ask questions and discuss together if you ask them questions. Read stories, watch educational video clips, and provide children (or role model) the opportunity to question what they see, recount what they see and to investigate their questions.</p>			
Communication and General Knowledge			
Area	At Risk	Vulnerable	
Stirling	11.4%	6.8%	
Joondalup	9.6%	3.5%	
Wanneroo	13.8%	7.9%	
<p>Talk to and listen to the children. Read stories.</p>			

<p>How does this link to the ECA Code of Ethics?</p>	<p>In relation to children, I will:</p> <ul style="list-style-type: none"> Act in the best interests of all children
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<p>How does this event link to the UN Rights of the Child?</p>	<p>Articles:</p> <p>12. Children have the right to say what they think should happen when adults are making decisions that affect them and to have their opinions taken into account.</p> <p>24. Children have the right to good quality health care, clean water, nutritious food and a clean environment so they will stay healthy. Richer countries should help poorer countries achieve this.</p> <p>Please talk to the children about the Rights of the Child. Do you have it displayed in your service for the children?</p>
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Event Fact Sheet

How can we link this event to Aboriginal and Torres Strait Islander culture?	<p>Noongar people used bush medicines to treat many ailments. Although tooth decay is not traditionally an issue the Noongar people faced, they did sometimes have issues with teeth being worn down.</p> <p>The healing of trivial, non-spiritual complaints and minor illnesses using herbs and other remedies were practiced by all Aboriginal Australians, however, older women were considered the experts.</p> <p>Did you know that Aboriginal Australians relieved toothaches by chewing on the leaves of certain plants, and they kept their teeth clean by chewing on charcoal?</p> <p>Noongar word for Teeth/Tooth: Ngorlak</p>
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